

KITCHEN *measurement* EQUIVALENT CHART

<i>cup</i>	<i>ounce</i>	<i>tbsp</i>	<i>tsp</i>
1	8	16	48
3/4	6	12	36
2/3	5 1/3	10 + 2 tsp	32
1/2	4	8	24
1/3	2 2/3	5 + 1 tsp	16
1/4	2	4	12
1/8	1	2	6
1/16	1/2	1	3

2 *cups* = 1 *pint* | 2 *pints* = 1 *quart* | 4 *quarts* = 1 *gallon*

1 *quart* = 1 *liter* | 16 *ounces* = 1 *pound*